

Intermediate Apprenticeship in Health and Social Care

This Apprenticeship is designed for people working in Assistant roles in Health and Social Care environments including care homes, working with people with learning difficulties/disabilities, day centres or nursing homes. The course covers key topics including safeguarding, person-centred approaches, health and safety, communication, personal development and equality and inclusion.

Working in Health and Social Care is extremely rewarding. Supporting individuals to manage and develop their life, offers a sense of achievement. Social care is about helping people with particular needs, such as people with disabilities, learning difficulties and older people. As an apprentice in Health and Social Care, you could be a care assistant, support worker or health care assistant helping individuals in their everyday life.

Job Roles

Care Assistant/Worker • Personal Assistant • Relief Team Worker • Night Care Assistant • Support Worker - Supported Living • Key Workers in Residential Settings • Key Workers in Domiciliary Services • Key Workers in Day Services • Home Care Support Worker • Substance Misuse Worker • Mental Health Support Worker • Mental Health Outreach Worker • Re-enablement Worker

<p>Qualifications</p>	<p>The Apprenticeship framework programme consists of four elements:</p> <ul style="list-style-type: none"> • Level 2 Diploma in Health and Social Care (Adults) for England • Level 2 Certificate in Preparing to Work in Adult Social Care • Level 2 Award in Employment Responsibilities and Rights in Health, Social Care or Children and Young People's Settings • Functional Skills <p>The Qualifications and Credit Framework (QCF) is the new framework for recognising accredited qualification in England, Wales and Northern Ireland. It is a flexible credit-based qualifications framework that enables qualifications to be tailored to meet individual requirements.</p> <p>On completion of the four elements above you will be accredited with an Intermediate Apprenticeship Certificate.</p>
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Units covered

Level 2 Diploma in Health and Social Care (Adults) for England

Learners must complete a minimum of 46 Credits:

- 24 credits from Mandatory Units
- A minimum of 2 credits and a maximum of 7 credits from Group B Optional Units
- A minimum of 15 credits from Group C Optional Units

9 Mandatory Units

Learners must complete the following mandatory units:

- Introduction to communication in health, social care or children's and young people's settings (3 Credits)
- Introduction to personal development in health, social care or children's and young people's settings (3 Credits)
- Introduction to equality and inclusion in health, social care or children's and young people's settings (2 Credits)
- Introduction to duty of care in health, social care or children's and young people's settings (1 Credits)
- Principles of safeguarding and protection in health and social care (3 Credits)
- The role of the health and social care worker (2 Credits)
- Implement person-centred approaches in health and social care (5 Credits)
- Contribute to health and safety in health and social care (4 Credits)
- Handle information in health and social care settings (1 Credits)

From the optional units, learners must achieve a minimum of 22 credits

A Minimum of 2 and a maximum of 7 Credits from Group B Optional Units:

- Purpose and principles of independent advocacy (4 Credits)
- Understand mental well-being and mental health promotion (3 Credits)
- Understand mental health problems (3 Credits)
- Dementia awareness (2 Credits)
- The person-centred approach to the care and support of individuals with dementia (2 Credits)
- Understand the factors that can influence communication and interaction with individuals who have dementia (2 Credits)
- Understand equality, diversity and inclusion in dementia care (2 Credits)
- Understand the administration of medication to individuals with dementia using a person-centred approach (2 Credits)
- Understand the role of communication and interactions with individuals who have dementia (3 Credits)
- Understand the diversity of individuals with dementia and the importance of inclusion (3 Credits)
- Introduction to personalisation in social care (3 Credits)
- The principles of infection prevention and control (3 Credits)
- Causes and spread of infection (2 Credits)
- Cleaning, decontamination and waste management (2 Credits)
- Understand the context of supporting individuals with learning disabilities (4 Credits)
- Principles of positive risk taking for individuals with disabilities (2 Credits)
- Principles of supporting an individual to maintain personal hygiene (1 Credits)
- Principles of supporting individuals with a learning disability to access healthcare (3 Credits)
- Introductory awareness of autistic spectrum conditions (2 Credits)
- Principles of supporting individuals with a learning disability regarding sexuality and sexual health (3 Credits)
- Principles of supporting young people with a disability to make the transition into adulthood (3 Credits)

**Units covered
continued**

- Principles of self-directed support (3 Credits)
- Understand physical disability (2 Credits)
- Understand the impact of acquired brain injury on individuals (3 Credits)
- Introductory awareness of sensory loss (2 Credits)
- Introductory awareness of models of disability (2 Credits)

A Minimum of 15 Credits from Group C Optional Units:

- Administer medication to individuals and monitor the effects (5 Credits)
- Emergency first aid skills (1 Credits)
- Understand and implement a person-centred approach to the care and support of individuals with dementia (3 Credits)
- Equality, diversity, and inclusion in dementia care practice (3 Credits)
- Understand and enable interaction and communication with individuals with dementia (3 Credits)
- Approaches to enable rights and choices for individuals with dementia whilst minimising risks (3 Credits)
- Understand and meet the nutritional requirements of individuals with dementia (3 Credits)
- Enable rights and choices of individuals with dementia whilst minimising risks (4 Credits)
- Understand and enable interaction and communication with individuals who have dementia (4 Credits)
- Equality, diversity and inclusion in dementia care practice (4 Credits)
- Provide support for therapy sessions (2 Credits)
- Provide support for mobility (2 Credits)
- Provide support to manage pain and discomfort (2 Credits)
- Contribute to monitoring the health of individuals affected by health conditions (2 Credits)
- Support individuals to carry out their own health care procedures (2 Credits)
- Support participation in learning and development activities (3 Credits)
- Support independence in the tasks of daily living (5 Credits)
- Provide support for journeys (2 Credits)
- Provide support for leisure activities (3 Credits)
- Support individuals to access and use information about services and facilities (3 Credits)
- Support individuals who are distressed (3 Credits)
- Support care plan activities (2 Credits)
- Support individuals to eat and drink (2 Credits)
- Support individuals to meet personal care needs (2 Credits)
- Support individuals to manage continence (3 Credits)
- Provide agreed support for foot care (3 Credits)
- Gain access to the homes of individuals, deal with emergencies and ensure security on departure (2 Credits)
- Contribute to the care of a deceased person (3 Credits)
- Contribute to supporting group care activities (3 Credits)
- Undertake agreed pressure area care (4 Credits)
- Support individuals undergoing healthcare activities (3 Credits)
- Obtain and test capillary blood samples (4 Credits)
- Obtain and test specimens from individuals (2 Credits)
- Move and position individuals in accordance with their plan of care (4 Credits)
- Meet food safety requirements when providing food and drink for individuals (2 Credits)
- Provide support for sleep (2 Credits)
- Contribute to support of positive risk taking for individuals (3 Credits)
- Support individuals in their relationships (4 Credits)
- Facilitate person-centred assessment, planning, implementation and review (6 Credits)
- Support Individuals to live at home (4 Credits)
- Support individuals with specific communication needs (5 Credits)

<p>Units covered continued</p>	<ul style="list-style-type: none"> • Support Individuals who are bereaved (4 Credits) • Work in partnership with families to support individuals (4 Credits) • Promote positive behaviour (6 Credits) • Support use of medication in social care settings (5 Credits) • Support individuals at the end of life (7 Credits) • Prepare environments and resources for use during healthcare activities (3 Credits) • Prepare for and carry out extended feeding techniques (4 Credits) • Support person-centred thinking and planning (5 Credits) • Provide active support (3 Credits) • Support individuals to maintain personal hygiene (2 Credits) • Contribute to supporting individuals with a learning disability to access healthcare (3 Credits) • Support young people with a disability to make the transition into adulthood (5 Credits) • Support parents with disabilities (6 Credits) • Support individuals with self-directed support (5 Credits) • Work with other professionals and agencies to support individuals with a physical disability (3 Credits) • Support families of individuals with acquired brain injury (3 Credits) • Support effective communication with individuals with a sensory loss (3 Credits) • Contribute to the support of individuals with multiple conditions and/or disabilities (3 Credits) • Contribute to supporting individuals in the use of assistive technology (3 Credits) • Support individuals to negotiate environments (4 Credits) <p>Level 2 Certificate in Preparing to Work in Adult Social Care</p> <ul style="list-style-type: none"> • Learners must complete 20 Credits: • 20 credits from Mandatory Units <p>9 Mandatory Units</p> <p>Learners must complete the following mandatory units:</p> <ul style="list-style-type: none"> • Principles of communication in adult social care settings (2 Credits) • Principles of personal development in adult social care settings (2 Credits) • Principles of diversity, equality and inclusion in adult social care settings (2 Credits) • Principles of safeguarding and protection in health and social care (3 Credits) • Introduction to duty of care in health, social care or children’s and young people’s settings (1 Credits) • Understand the role of the social care worker (1 Credits) • Understand person-centred approaches in adult social care settings (4 Credits) • Understand health and safety in social care settings (4 Credits)
<p>Functional Skills Maths Level 1 Functional Skills English 1</p>	<p>If you do not hold the relevant GCSE grades in Maths and English, you will complete a total of two functional skills which will be assessed in the workplace and you may be required to attend taught sessions depending on your current qualifications in:</p> <ul style="list-style-type: none"> • English Level 1 • Maths Level 1 <p>Practical assessment & External Computer Based Exam</p>
<p>Additional elements</p>	<p>You will also achieve Personal Learning and Thinking skills which will be embedded into the qualifications above.</p>
<p>Entry requirements</p>	<p>No previous experience is required but applicants must be employed in a related job role for at least 30 hours/week, and you will require a clear enhanced DBS check.</p>

Who is it for?	This Apprenticeship is aimed at people with an interest in working in Health and Social Care and is aimed at those who want to work or are already working in the Health and Social Care industry, including carers in residential care homes, support workers in the community and auxiliaries working in hospitals.
Cost	<p>Aged 16-18</p> <p>Fully funded</p> <p>Aged 19 and over</p> <p>Buckinghamshire Adult Learning require employers to make a contribution towards the cost for all learners aged 19 years and over, embarking on an Apprenticeship or Advanced Apprenticeship programme. For more information please contact us on 01296 383470.</p>
Duration	12 months
Start date	Available throughout the year
Assessment method	<ul style="list-style-type: none"> • Work Based Evidence • Written assignments
Personal qualities	<ul style="list-style-type: none"> • Ability to work on their own between sessions to practice and complete homework and exam questions • To be able to work under exam conditions • Attention to detail and methodical approach
Further progression	<p>Learners may progress from this pathway onto further qualifications specific to their work context. A wide range of qualifications are available for use within the social care sector. These may include further apprenticeship frameworks (e.g. Advanced level Apprenticeship in Health and Social Care), QCF qualifications or other work-related education and training to support Continuing Professional Development.</p> <p>Apprentices can also move to other parts of the sector, for example an apprentice specialising in learning disabilities can take a dementia qualification if their job role changes or if they wish to follow career ambitions in another part of the sector.</p>